

Spiritual exercises preparatory to

**SOLENE CONSECRATION TO OUR LADY**

according to the method of Blessed Louis Maria de Montfort

**TWELVE PRELIMINARY DAYS**

employed in detaching oneself from the spirit of the world

**VENI CREATOR SPIRITUS**

Oh come, Creator Spirit, visit our souls

and fill our hearts with your heavenly gifts.

You are called the Intercessor, from the exalted God the matchless gift,  
the living fountain, the fire, the love, the divine and salutary anointing.

You are the giver of the seven gifts, and you are power in the Father's hand,  
by him promised to us, by us his proclamal deeds.

Our minds enlighten, hearts fill with love,

our weakness encourage, which eternal strength and protector.

Our enemy repelled, and grant us your peace;

if by grace you guide us, evil we leave behind.

May we know the Father and the Son, Savior through you.

That you proceed from his love, make us always firm to believe.

Amen.

**IN.** Send your Spirit, and everything will be created.

**R.** And ye shall renew the face of the earth.

**WE PRAY** - O God, who on this day instructed the hearts of your faithful with the light of Holy Spirit; grant us that in the same Spirit we may know what is right and enjoy always your consolations. By Christ our Lord.

**R.** Amen.

**AVE, MARIS STELLA**

Bird, Star of the sea, Beautiful Mother of God,

Ever Virgin, happy entry from the heavenly abode.

O you who heard the greeting from the mouth of the angel;

Give us peace and stillness; and Eva's name changes.

The arrests of the defendants are unleashed.

And to us blind it illuminates; of everything that hurts us  
Free us, good earns us.  
Show that you are a Mother, making the people's prayers yours  
Listen to the one who, being born for us, wanted to be your Son.  
O specious Virgin, all full of tenderness, our sins extinguished,  
Give us purity and mildness, give us a pure life, put us in safe life,  
So that we may enjoy Jesus, and always rejoice.  
To God the Father we worship; to Jesus Christ as well.  
And to the Holy Spirit; we gave the three a praise. Amen.

**FIRST WEEK** - employed in acquiring the knowledge of oneself

**LITANY OF THE HOLY SPIRIT**

Lord have mercy on us.  
Jesus Christ, have mercy on us.  
Lord have mercy on us.  
Divine Holy Spirit, hear us.  
Spirit Paraclete, answer us.  
God the Father of heaven, have mercy on us.  
God the Son, Redeemer of the world,  
God Holy Spirit,  
Holy Trinity, that you are one God,  
Spirit of Truth,  
spirit of wisdom,  
spirit of intelligence,  
spirit of fortress,  
Spirit of piety,  
Spirit of good counsel,  
spirit of science,  
Spirit of holy fear,  
spirit of charity,  
spirit of joy,  
spirit of peace,  
spirit of virtues,

Spirit of all grace,  
Spirit of the adoption of the children of God,  
Purifier of our souls,  
Sanctifier and guide of the Catholic Church,  
Distributor of heavenly gifts,  
Knower of the thoughts and intentions of the heart,  
Sweetness of those who begin to serve you,  
crown of the perfect,  
Angels joy,  
Light of the Patriarchs,  
Inspiration of the prophets,  
Word and wisdom of the apostles,  
Victory of the Martyrs,  
science of confessors,  
Purity of virgins,  
Anointing of all saints,  
Be propitious to us, forgive us, Lord.  
Be kind to us, answer us, Lord.  
Of all sin,  
deliver us, Lord.  
From all the temptations and snares of the devil,  
From all presumption and despair,  
From the attack on the known truth,  
From the envy of fraternal grace,  
From all obstinacy and impenitence,  
From all the mind's negligence and torpor,  
From all impurity of mind and body,  
Of all heresies and errors,  
From every evil spirit,  
From evil and eternal death,  
Through your eternal descent from the Father and the Son,  
By the miraculous consolation of the Son of God,  
By your descent on Jesus Christ baptized,

By your holy appearance at the transfiguration of the Lord,  
By your coming upon the disciples of the Lord,  
On judgment day,  
Though sinners, we beseech you,  
hear us, Lord.  
For you to forgive us,  
That you would deign to quicken and sanctify all the members of the Church,  
That you would deign to grant us the gift of true piety, devotion and prayer.  
That you would deign to inspire in us sincere affections of mercy and charity,  
That you would deign to create in us a new spirit and a pure heart,  
That you would deign to grant us true peace and tranquility of heart,  
That you would deign to make us worthy and strong, to endure persecution for  
righteousness' sake,  
That you would deign to confirm us in your grace,  
That you would deign to receive us among your chosen ones,  
That you would deign to hear us, Spirit of God,  
Lamb of God, who take away the sins of the world, send us the Holy Spirit.  
Lamb of God, who take away the sins of the world, send us the promised Spirit of the  
Father.  
Lamb of God, who take away the sins of the world, give us the good Spirit.  
Holy Spirit, hear us.  
Consoling Spirit, attend to us.  
**IN.** Send your Spirit and everything will be created.  
**R.** And ye shall renew the face of the earth.  
**Let us pray** - God, who instructed the hearts of your faithful with the light of the  
Holy Spirit, grant us that in the same Spirit we may know what is right, and may  
always enjoy your consolations. Through Christ our Lord. Amen.

### **LITTLE OF OUR LADY**

Lord have mercy on us.  
Jesus Christ, have mercy on us.  
Lord have mercy on us.  
Jesus Christ, hear us.  
Jesus Christ, answer us.  
God the Father of heaven,

have mercy on us.

God the Son, Redeemer of the world,

God Holy Spirit,

Holy Trinity, that you are one God,

Santa Maria,

pray for us.

Holy Mother of God,

Holy Virgin of Virgins,

Mother of Jesus Christ,

Mother of divine grace,

pure mother,

most chaste mother,

immaculate mother,

intact mother,

kind mother,

admirable mother,

Mother of good advice,

Mother of the Creator,

Mother of the Savior,

Virgin most prudent,

Venerable Virgin,

praiseworthy virgin,

mighty virgin,

benign virgin,

faithful virgin,

mirror of justice,

seat of wisdom,

Cause of our joy,

spiritual vessel,

honorary vase,

Distinguished vessel of devotion,

mystical rose,

Tower of David,

ivory tower,  
golden house,  
Ark of the Covenant,  
Heaven's Door,  
Morning Star,  
health of the sick,  
refuge of sinners,  
Comforter of the afflicted,  
Christian help,  
queen of angels,  
Queen of Patriarchs,  
Queen of prophets,  
Queen of the Apostles,  
Queen of Martyrs,  
Queen of confessors,  
Queen of virgins,  
Queen of all saints,  
Queen conceived without original sin,  
Queen of the Holy Rosary,  
Queen of Peace,  
Lamb of God, who take away the sins of the world, forgive us, Lord.  
Lamb of God, who take away the sins of the world, hear us, Lord.  
Lamb of God, who takes away the sins of the world, have mercy on us.

**IN.** Pray for us, Holy Mother of God.

**R.** That we may be worthy of the promises of Christ.

**Let us pray** - Lord God, we beseech you to grant your servants to obtain perpetual health of soul and body; and that by the glorious intercession of the blessed ever Virgin Mary, let us be freed from present sadness and enjoy eternal joy.

By Christ our Lord. Amen.

**SECOND WEEK** - employed in acquiring the knowledge of the Blessed Virgin

## **LITANY OF THE HOLY SPIRIT**

(above).

## **Ave, Maris Stella**

(above).

### **A rosary or at least a rosary**

(see below for the method for fruitfully reciting the holy rosary).

**THIRD WEEK** - employed in acquiring the knowledge of Jesus Christ

(To pray)

### **Litany of the Holy Spirit.**

(To pray)

### **Ave, maris Stella..**

### **Prayer of Saint Augustine.**

"You are, O Jesus, the Christ, my holy Father, my merciful God, my infinitely big; Thou art my good shepherd, my only teacher, my kindly helper, my good wonderfully beautiful beloved, my living bread, my eternal priest, my guide to homeland, my true light, my holy sweetness, my straight path, my wisdom, preclara, my pure simplicity, my peace and concord; you are, after all, all mine safeguard, my precious inheritance, my eternal salvation...

O Jesus Christ, lovable Lord, why in all my life have I loved, why have I desired another anything but you? Where was I when I wasn't thinking of you? Oh! that at least the from this moment on, my heart only desires you and burns for you, Lord Jesus!

Desires of my soul, run, which you have long delayed; hasten to the end to which aspirals; seek in truth the one you are looking for. O Jesus, anathema is anyone who does not love. Let him who does not love you be filled with bitterness. O sweet Jesus, be the love, the delights, the admiration of every heart worthily consecrated to your glory. God of my heart and my share, Jesus Christ, may my heart fail in you, and may you be even my life.

May the burning ember of your love light up in my soul and become a fire. all divine, burning forever on the altar of my heart; that inflames the depths of my be, and burn the core of my soul; so that on the day of my death I may appear before of you, entirely consumed in your love... Amen".

### **LADAIN OF SS. NAME OF JESUS**

Lord have mercy on us.

Jesus Christ, have mercy on us.

Lord have mercy on us.

Jesus, hear us.

Jesus, answer us.

God the Father of heaven,

have mercy on us.  
God the Son, Redeemer of the world,  
God Holy Spirit,  
Holy Trinity, that you are one God,  
Jesus, Son of the living God,  
Jesus, splendor of the Father,  
Jesus, purity of eternal light,  
Jesus, King of glory,  
Jesus, Sun of Righteousness,  
Jesus, Son of the Virgin Mary,  
lovely Jesus,  
admirable Jesus,  
Jesus, mighty God,  
Jesus, Father of the future age,  
Jesus, Angel of great counsel,  
mighty Jesus,  
patient Jesus,  
Jesus most obedient,  
Jesus, meek and humble of heart,  
Jesus, lover of chastity,  
Jesus, our lover,  
Jesus, God of peace,  
Jesus, author of life,  
Jesus, exemplar of virtues,  
Jesus, caretaker of souls,  
Jesus, our God,  
Jesus, our refuge,  
Jesus, Father of the poor,  
Jesus, treasure of the faithful,  
Jesus, Good Shepherd,  
Jesus, true light,  
Jesus, eternal wisdom,  
Jesus, infinite goodness,



Jesus, our way and our life,  
Jesus, joy of angels,  
Jesus, King of the Patriarchs,  
Jesus, Teacher of the Apostles,  
Jesus, Doctor of the evangelists,  
Jesus, fortress of the martyrs,  
.Jesus, light of confessors,  
Jesus, purity of virgins,  
Jesus, crown of all saints,  
Be propitious to us; forgive us, Jesus.  
Be propitious to us; hear us, Jesus.  
Of all evil,  
deliver us, Jesus.  
Of all sin,  
of your wrath,  
From the snares of the devil,  
From the spirit of impurity,  
From eternal death,  
From the contempt of your inspirations,  
Through the mystery of your holy incarnation,  
By your nativity,  
for your childhood,  
By your most holy life,  
For your works,  
For the. your agony and passion,  
By your cross and helplessness,  
for your troubles,  
By your death and burial,  
By your resurrection,  
By your ascension,  
For your institution of SS. Eucharist,  
For your joys,  
for your glory,

Lamb of God, who takes away the sins of the world, forgive us, Jesus.

Lamb of God, who take away the sins of the world, hear us, Jesus.

Lamb of God, who take away the sins of the world, have mercy on us, Jesus.

Jesus, hear us.

Jesus, answer us.

**Let us pray** - Lord Jesus Christ, who said: ask and you will receive; seek and you will find; hit and open to you, we implore you to grant us, who ask you, the affectionate feelings of Your divine love, so that we may love You with all our heart and that this love transcends through our actions, without us ceasing to love You.

Allow us to always have, Lord, an equal fear and love for Your holy name; then You do not fail to govern those whom You establish in the firmness of Your love. you who live and reign for ever and ever. Amen.

### LITANY OF THE SAINT HEART OF JESUS

Lord have mercy on us.

Jesus Christ, have mercy on us.

Lord have mercy on us.

Jesus Christ, hear us.

Jesus Christ, answer us.

God the Father of heaven,

have mercy on us.

God the Son, Redeemer of the world,

God Holy Spirit,

Holy Trinity, that you are one God,

Heart of Jesus, Son of the Eternal Father,

Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother,

Heart of Jesus, substantially united to the Word of God,

Heart of Jesus, of infinite majesty,

Heart of Jesus, holy temple of God,

Heart of Jesus, tabernacle of the Most High,

Heart of Jesus, house of God and gate of heaven,

Heart of Jesus, burning furnace of charity,

Heart of Jesus, receptacle of justice and love,

Heart of Jesus, full of goodness and love,

Heart of Jesus, abyss of all virtues,

Heart of Jesus, most worthy of all praise,  
Heart of Jesus, King and center of all hearts,  
Heart of Jesus, in which are all the treasures of wisdom and knowledge,  
Heart of Jesus, in which all the fullness of divinity dwells,  
Heart of Jesus, in whom the Father is well pleased,  
Heart of Jesus, whose fullness we all share,  
Heart of Jesus, desire of the eternal hills,  
Heart of Jesus, patient and merciful,  
Heart of Jesus, rich to all who invoke you,  
Heart of Jesus, source of life and holiness,  
Heart of Jesus, propitiation for our sins,  
Heart of Jesus, saturated with reproaches,  
Heart of Jesus, troubled because of our crimes,  
Heart of Jesus, made obedient unto death,  
Heart of Jesus, pierced by the spear,  
Heart of Jesus, source of all consolation,  
Heart of Jesus, our life and resurrection,  
Heart of Jesus, our peace and reconciliation,  
Heart of Jesus, victim of sinners,  
Heart of Jesus, salvation of those who hope in You,  
Heart of Jesus, hope of those who expire in You,  
Heart of Jesus, delight of all saints,  
Lamb of God, who take away the sins of the world, forgive us, Lord.  
Lamb of God, who take away the sins of the world, hear us, Lord.  
Lamb of God, who takes away the sins of the world, have mercy on us.  
**IN.** Jesus, meek and humble of heart.

**R.** Make our heart similar to Yours. Amen.

### **CONSECRATION OF YOURSELF**

To Jesus Christ, Wisdom Incarnate, through the hands of Mary

O eternal and incarnate Wisdom! O most lovable and adorable Jesus, true God and true man, only-begotten son of the eternal Father, and of the ever-virgin Mary, I adore you deeply into the bosom and splendors of your Father for eternity, and into the bosom Virginal of Mary, your most worthy Mother, at the time of your incarnation.

I give you thanks for having emptied yourselves, taking the form of a slave, to deliver me from the cruel captivity of the devil.

I praise and glorify you for having wanted to submit to Mary, your most holy Mother, in all things, in order to become Your faithful slave through it. But alas, creature ungrateful and unfaithful! I have not kept the promises I solemnly made you at Baptism. did not comply with my obligations; I do not deserve to be called Your son or Your slave, and as there is nothing in me that You have not deserved revulsion and anger, I dare not approach by myself of Your most holy and most august majesty.

It is for this reason that I have recourse to the intercession of Your Most Holy Mother, who you gave me for mediatrix with You, and it is through this means that I hope to obtain from You the contrition and forgiveness of my sins, the acquisition and retention of wisdom.

Hail, then, O Mary Immaculate, living tabernacle of the Divinity, where eternal Wisdom hidden wants to be adored by angels and men!

Hail, O Queen of heaven and earth, to whose empire all that is under you is subject.

God!

Hail, O sure refuge of sinners, whose mercy no one lacks! I answered the wish that I have from divine Wisdom, and receive, for this purpose, the vows and the offerings, presented by my baseness.

I, N..., unfaithful sinner, renew and ratify today, in your hands, the vows of baptism. I renounce forever Satan, his pomps and his works, and I give myself entirely to Jesus Christ, Wisdom Incarnate, to follow you carrying my cross, in all the days of my life. And in order to be more faithful to him than I have been up to now, I choose you this day, O most holy Mary, in the presence of the whole heavenly court, for my Mother and my Madam.

I deliver and consecrate to you, as a slave, my body and my soul, my goods interior and exterior, and even the value of my past, present, and future good works, leaving you the full and complete right to dispose of me and everything that belongs to me, without exception, at your pleasure, for the greater glory of God, in time and in eternity.

Receive, O most benign Virgin, this small offering of my slavery, in union and in honor of the submission that Eternal Wisdom wanted to have to your maternity; in homage to the power that you both have over this little worm and miserable sinner; in thanksgiving for the privileges with which the Holy Trinity has favored you.

I protest that I want henceforth, as your true slave, to seek your honor and obey you in all things.

O admirable Mother, present me to your beloved Son, as a perpetual slave, that, having redeemed me for your sake, he may also receive me favorably for your sake.

O Mother of Mercy, grant me the grace to obtain the true Wisdom of God, and to place myself, for this purpose, in the number of those whom you love, teach, guide, you sustain and protect as your children and slaves.

O faithful Virgin, make me in all points such a perfect disciple, imitator and slave of incarnate Wisdom, Jesus Christ, your Son, may I arrive one day, through your intercession and your example, to the fullness of his age on earth and of his glory in heaven.

So be it.

## **THE HOLY ROSARY**

Method for praying the Holy Rosary with fruit, according to Blessed Luiz Maria

I join with all the saints who are in heaven, with all the righteous who are on earth, all the faithful souls that are in this place. I join you, my Jesus, to praise worthy of your holy Mother, and to praise you in her and through her. I renounce all distractions that come to me during this Rosary, which I want to recite with modesty, attention and devotion, as if it were the last of my life.

We offer you, Holy Trinity, this Creed, to honor all the mysteries of our faith; this Our Father and these three Hail Marys, to honor the unity of your essence and the trinity of your persons. We ask you for a living faith, a firm hope and a ardent charity.

I believe, Our Father, three Hail Marys, Gloria.

### **joyful mysteries**

**I** We offer you, Lord Jesus, this first decade, in honor of your incarnation in Mary's bosom; and we ask you, through this mystery and through his intercession, a profound humility. So be it.

#### **Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of the Incarnation, I descended into our souls. So be it.

**II** We offer you, Lord Jesus, this second decade, in honor of the visitation of your Holy Mother to her cousin Saint Isabel and the sanctification of Saint John the Baptist; and we ask you, through this mystery and through the intercession of your most holy Mother, charity towards our next. So be it.

#### **Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of the visitation, I descended into our souls. So be it.

**III** We offer you, Lord Jesus, this third decade, in honor of your birth in the Bethlehem Stable; and we ask you, through this mystery and through the intercession of your Mother most holy, detachment from earthly goods, contempt for riches, and love of poverty. So be it.

#### **Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of the birth of Jesus, descend into our souls. So be it.

**IV** We offer you, Lord Jesus, this fourth decade, in honor of your presentation in the temple, and of the purification of Mary; and we ask you, for this mystery and for your intercession, a great purity of body and soul. So be it.

#### **Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of purification, descend into our souls. So be it.

**V** We offer you, Lord Jesus, this fifth decade, in honor of your reunion with Maria; and we ask you, through this mystery and through his intercession, true wisdom. So be it.

**Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of the reunion of Jesus, descend into our souls. So be it.

**Painful mysteries**

**VI** We offer you, Lord Jesus, this sixth decade, in honor of your mortal agony in Garden of Olives; and we ask you, through this mystery and through the intercession of your Mother most holy, the contrition of our sins. So be it.

**Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of the agony of Jesus, descend into our souls. So be it.

**VII** We offer you, Lord Jesus, this seventh decade, in honor of your bloody scourging; and we ask you, through this mystery and through the intercession of your most holy Mother, to mortification of our senses. So be it.

**Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of the flagellation of Jesus, descend into our souls. So be it.

**VIII** We offer you, Lord Jesus, this eighth decade, in honor of your coronation of thorns; and we ask you, through this mystery and through the intercession of your most holy Mother, contempt of the world. So be it.

**Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of the crowning with thorns, I descended into our souls. So be it.

**IX** We offer you, Lord Jesus, this ninth decade, in honor of the carrying of the cross; and we ask you, through this mystery and through the intercession of your most holy Mother, patience on all our crosses. So be it.

**Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of carrying the cross, I descended into our souls. So be it.

**X** We offer you, Lord Jesus, this tenth decade, in honor of your crucifixion and ignominious death on Calvary; and we ask you, through this mystery and through the intercession of your most holy Mother, the conversion of sinners, the perseverance of the just, and the alleviation of souls from purgatory. So be it.

**Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of the crucifixion of Jesus, descend into our souls. So be it.

**Glorious mysteries**

**XI** We offer you, Lord Jesus, this eleventh decade, in honor of your resurrection glorious; and we ask you, through this mystery and through the intercession of your most holy Mother, love of God and fervor in your service. So be it.

**Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of the resurrection, descend into our souls. So be it.

**XII** We offer you, Lord Jesus, this twelfth decade, in honor of your triumphant rise; and we ask you, through this mystery and through the intercession of your most holy Mother, an ardent desire for heaven, our dear homeland. So be it.

**Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of the ascension, I descended into our souls. So be it.

**XIII** We offer you, Lord Jesus, this thirteenth decade, in honor of the mystery of Pentecost; and we ask you, through this mystery and through the intercession of your most holy Mother, the descent of the Holy Spirit into our souls. So be it.

**Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of Pentecost, descend into our souls. So be it.

**XIV** We offer you, Lord Jesus, this fourteenth decade, in honor of the resurrection and your Mother's triumphal assumption into heaven; and we ask you, for this mystery and for your intercession, a tender devotion to such a good Mother. So be it.

**Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of the Assumption, descend into our souls. So be it.

**XV** We offer you, Lord Jesus, this fifteenth decade, in honor of the coronation glory of your most holy Mother in heaven; and we ask you, for this mystery and for your intercession, perseverance in grace, and the crown of glory. So be it.

**Our Father, ten Hail Marys, Gloria.**

Thanks to the mystery of Mary's glorious coronation, descend into our souls. So be it.

I greet you, Mary, beloved Daughter of the Eternal Father, Admirable Mother of the Son, faithful of the Holy Spirit, august temple of the Holy Trinity;

I salute you, sovereign Princess, to whom everything is subject in heaven and on earth;

I salute you, sure refuge of sinners, our Lady of mercy, who never you repelled anyone.

Sinner that I am, I prostrate myself at your feet, and I ask you to obtain me from Jesus, your beloved. Son, contrition and forgiveness of all my sins, and divine wisdom.

I consecrate myself entirely to you, with everything I have.

I take you today for my Mother and Mistress.

Treat me, then, as the least of your children and the most obedient of your slaves.

Heed, my Princess, heed the sighs of a heart that wants to love you and serve you. you faithfully.

Let no one say that, among all who resorted to you, I am the first helpless.

O my hope, O my life, O my faithful and immaculate Virgin Mary, defend me, nourish me, listen to me, instruct me, save me. So be it.

## **SMALL CROWN OF SS. VIRGIN**

**IN.** Grant me to praise you, Holy Virgin.

**R.** Give me courage against your enemies.

**I believe in God.**

**I - Our Father. Holy Mary.**

Blessed are you, Virgin Mary, who carried in your womb the Lord, Creator of world; you gave birth to him who formed you, and you are a perpetual virgin.

**R.** Rejoice, Virgin Mary.

**V.** Rejoice a thousand times.

**Holy Mary.**

O holy and immaculate virginity, I do not know with what praises I can exalt you; for who heavens cannot contain, you carried him in your bosom.

**R.** Rejoice, Virgin Mary.

**V.** Rejoice a thousand times.

**Holy Mary.**

You are all beautiful, Virgin Mary, and there is no stain on you.

**V.** Rejoice, Virgin Mary.

**R.** Rejoice a thousand times.

**Holy Mary.**

You have, O most holy Virgin, as many privileges as there are stars in the sky.

**V.** Rejoice, Virgin Mary.

**R.** Rejoice a thousand times.

**Glory to the Father.**

**II - Our Father. Holy Mary.**

Glory to you, Empress of heaven; lead us with you to the joys of paradise.

**V.** Rejoice, Virgin Mary.

**R.** Rejoice a thousand times.

**Holy Mary.**

Glory to you, treasurer of the graces of the Lord; give us part of your treasure.

**V.** Rejoice, Virgin Mary.

**R.** Rejoice a thousand times.

**Holy Mary.**



Glory to you, mediatrix between God and men, grant us the Almighty.

**V.** Rejoice, Virgin Mary.

**R.** Rejoice a thousand times.

**Holy Mary.**

Glory to you, who crush heresies and the devil: be our kind guide.

**V.** Rejoice, Virgin Mary.

**R.** Rejoice a thousand times.

**Glory to the Father.**

**III - Our Father. Holy Mary.**

Glory to you, refuge of sinners: intercede for us with the Lord.

**V.** Rejoice, Virgin Mary.

**R.** Rejoice a thousand times.

**Holy Mary.**

Glory to you, Mother of orphans; make the almighty Father be favorable to us.

**V.** Rejoice, Virgin Mary.

**R.** Rejoice a thousand times.

**Holy Mary.**

Glory to you, joy of the righteous; lead us with you to the joys of heaven.

**V.** Rejoice, Virgin Mary.

**R.** Rejoice a thousand times.

**Holy Mary.**

Glory to you, our most helpful helper in life and death; lead us with you to the kingdom of heaven.

**V.** Rejoice, Virgin Mary.

**R.** Rejoice a thousand times.

**Glory to the Father.**

**Let us pray.**

Hail, Mary, Daughter of God the Father.

Hail, Mary, Mother of God the Son.

Hail, Mary, Spouse of the Holy Spirit.

Hail Mary, Temple of the Most Holy Trinity.

Hail Mary, my Lady, my darling, my love, Queen of my heart,

Mother, Life, sweetness and hope my dearest, my heart and my soul.

I am all yours, and everything I have is yours, O Virgin, blessed above all.

Let your soul therefore be in me, to magnify the Lord; be in me yours spirit, to rejoice in God.

Place yourself, O faithful Virgin, as a seal over my heart, so that, in you and through you, I found faithful to God.

Grant, O Mother of Mercy, that I may find myself among those you love, teach, guide, sustain and protect like children. Make me, for your love, despise all earthly consolations and aspire only to heavenly ones; until, to the glory of the Father, Jesus Christ, your Son, be formed in me by the Holy Spirit, your most faithful Spouse, and by you, his most faithful Wife. So be it.

### **UNDER YOUR**

We resort to your protection, holy Mother of God; do not despise our supplications in our needs; but deliver us from all dangers, O glorious and blessed Virgin.

### **PRAYER TO JESUS LIVING IN MARY**

O Jesus who live in Mary,  
come and live in your servants,  
in the spirit of Your Holiness,  
in the fullness of Your strength,  
in the perfection of Your ways,  
in the truth of Your virtues,  
in the communion of Your mysteries,  
rule over all enemy power,  
in Your Spirit to the glory of the Father. Amen.

### **PRAYER TO JESUS**

My loving Jesus, allow me to address you, to testify to you the recognition for the grace you have given me by your holy Mother for the devotion of slavery, to be my advocate with your majesty and the universal Complement of my great misery.

Alas for me, Lord, who am so miserable that without this good Mother I would be infallibly lost. Yes, in everything Mary is necessary for me with you: necessary, for appease you in your just anger, since I have offended you so much, every day; necessary, to stop the eternal punishments of your Justice, which I deserve; necessary, to look at you, to speak to you, ask you, make you propitious and please you; necessary, to save my soul and that of others; necessary, in a word, to always do your holy will and seek your greatest glory in everything.

Oh! if I could publish throughout the universe this mercy you have shown me; if all world knew that without Mary I would already be doomed; if i could give worthy deeds thanks for such a great benefit.

Maria is in me, haec facta est mihi. Oh! what a treasure! What a consolation! And after that, would I not give myself all to her? Oh! what ingratitude, my dear Saviour! before dying of what a disgrace! I'd rather die than live without being all Mary's.

A thousand and a thousand times I took it for all my good, like Saint John the Evangelist at the foot of the cross, and so many times I gave myself to her. But, my good Jesus, if I haven't already done it according to your wishes, I do it now as you want me to do it.

If you see anything in my soul and body that does not belong to this august Princess, I ask you to pull it out for me and throw it away, because everything that does not belong to Maria is unworthy of you.

O Holy Spirit, grant me all these graces; and plant, dew and cultivate in my soul the lovely Mary, who is the true tree of life, so that she may grow, blossom and give fruit of life in abundance.

O Holy Spirit, give me a great devotion and a great predilection for your Spouse. divine, a great support in her mother's womb and a continual resource in her mercy, that you may form in me Jesus Christ, living, great and mighty, to the fullness of your perfect age. So be it.

### **Prayer to Mary, for her faithful slaves**

Hail, Mary, beloved Daughter of the Eternal Father; hail, Mary, admirable Mother of the Son; Holy Mary,

Most faithful spouse of the Holy Spirit; hail, Mary, my dear Mother, my lovely Lady and powerful sovereign; hail, my joy, my glory, my heart and my soul!

Thou art mine wholly in mercy, and I belong to Thee wholly in justice; but not you I belong quite still; again I give myself entirely to you as a slave perpetual, with nothing reserved for myself or anyone else.

If you see anything in me that does not belong to you, I beg you to remove it now, and to make you the absolute Mistress of everything I possess; to destroy and uproot and annihilate everything that displeases God; and to plant everything and promote and operate everything that you to please.

May the light of your faith dispel the darkness of my spirit; that your profound humility take the place of my pride; that your sublime contemplation sustains the distractions of my wandering imagination; may your continual view of God fill my memory of your presence; may the fire of your heart expand and inflame the lukewarmness and coldness of my; may your virtues replace my sins; may your merits be mine ornament and supplement before God.

Finally, very dear and well-loved Mother, make sure, if possible, that he has no other spirit. if not yours, to know Jesus Christ and his divine will; that has no other soul but yours, to praise and glorify the Lord; who has no other heart but the yours, to love God with a pure and ardent love like you.

I do not ask you for visions or revelations or joys or pleasures, not even spiritual ones. AND your privilege to see clearly, without darkness; enjoy fully, without bitterness; triumph gloriously at the right hand of your Son in heaven, without any

humiliation; master absolutely over angels, men and demons, without resistance, and finally dispose of all God's goods, without any restriction.

Behold, divine Mary, the great part that the Lord has given you and that will not be taken away from you; and this me delights greatly. For my part, I want nothing on this earth but what you had, the to know: to believe purely, without enjoying or seeing anything; suffer cheerfully without consolation from creatures; continuously die to myself, without relaxation; and work resolutely, even to death, for you, without any interest, like the vilest of slaves.

The only grace I ask of you, out of sheer mercy, is that every day and moment of my life, I say Amen three times: So be it to all that you did on earth, while you lived in it. So be it to all that you now do in heaven. So be it, to all that you work in my soul, so that you alone may be there to fully glorify Jesus in me, in time and in eternity. So be it.

### **MAGNIFICAT**

My soul magnifies the Lord  
and my spirit rejoiced in God my Savior;  
for he has seen the lowliness of his handmaid,  
from now on generations will call me blessed.  
The Almighty has done wonders for me  
and Holy is his name!  
Your love, from generation to generation,  
reaches all who respect him;  
demonstrated the might of his arm,  
scattered the proud;  
brought down the mighty from their thrones  
and the humble exalted;  
He filled the hungry with good things,  
and dismissed the rich with nothing.  
He welcomed Israel, his servant,  
faithful to your love,  
as I had promised our fathers,  
in favor of Abraham and his children forever.  
We give glory to God Almighty Father  
and to his Son, Jesus Christ our Lord, †  
and to the Spirit that dwells in our bosom,  
for centuries of centuries. Amen.